

KA1 COURSES



Greece - Levadia

Diefthinsi Defterovathmias Ekpaidefsis Viotias

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Sustainability and Education 2
PACKAGES 6

Diefthinsi Defterovathmias Ekpaidefsis Viotias	
Name of the course	Sustainability and Education
Dates of the course	the whole year
Duration of the course	Depends on the requests
Minimum number of places	10
Maximum number of places	25
Type of course	<ul style="list-style-type: none"> ● Mix of Training Course and Job shadowing
If mixed, what is the balance between the activities?	80% course - 20% school visits
The target group is...	<ul style="list-style-type: none"> ● Primary teachers or /and ● Secondary teachers ● Pupils
Summary of the activity	<p>Sustainability and Education course explores the principles and practices of sustainable education and their importance for promoting environmental sustainability and social equity.</p> <p>The course covers a range of topics, including environmental education, sustainable development, sustainable agriculture, waste reduction and management, energy and climate change, biodiversity and conservation, sustainable consumption, health and wellbeing, outdoor education and social justice.</p> <p>The course highlights the challenges facing sustainable education and the importance of taking action at the individual, community, and organizational levels. It also examines the role of sustainability leadership in promoting sustainable education practices and empowering individuals and communities to become</p>

	<p>sustainability leaders.</p> <p>The course is designed to provide teachers and pupils with a foundation for understanding the basic principles and practices of sustainable education and their role in creating a more sustainable future.</p>
<p>Objectives, skills & competencies</p>	<ul style="list-style-type: none"> . to introduce the concept of sustainability . to understand the impacts of human activity on the environment. . to introduce the basic concepts of the relationship between the energy consumption and climate change . to highlight the importance of food security and food sovereignty in sustainable agriculture . to explain the challenges facing sustainable consumption, including the culture of consumerism . to focus on the concept of the circular economy for waste reduction . to promote social justice focusing on community-based approaches and policy change. . to underline the major challenges facing sustainable education, including limited resources, political and cultural resistance, and the need for interdisciplinary approaches to sustainable education. . to examine the role of educators, policymakers, and other stakeholders in creating a sustainable learning environment . to explore the ways in which sustainable development can be incorporated into the curriculum . to empower participants to become sustainability leaders with practical sustainable actions and approaches. . to explore about the outdoor education strategy

	<ul style="list-style-type: none"> to improve health and wellbeing
<p>Schedule - brief description</p>	<p>Sunday Evening: Arrival at Levadia</p> <p>Day 1: Monday - Get to know each other and the place, Ice-breaking games/Course explanation and expectations</p> <p>Training: Concepts of sustainability, 17SDGs, Sustainability and education. Impacts of human activity on the environment, relationship between the energy consumption and climate change.</p> <p>Evening: Group farewell dinner</p> <p>Day 2: Tuesday</p> <p>Training: Circular economy, sustainable consumption, food sovereignty, sustainable agriculture. Sustainable education, creating sustainable learning environments.</p> <p>Evening: Free</p> <p>Day 3: Wednesday</p> <p>Training: The important role of Green parks in a city</p> <p>Outdoor activity: The aim of this activity is to understand the effect of green parks in environment of a city. The participants will collect measurements from environment (temperature-humidity) by walk around the city and will discuss methods to improve the climate of ambient environment in the city.</p> <p>Evening: Free</p> <p>Day 4: Thursday</p>

	<p>Training: Who will win a boats race using the 3th Law of Newton?</p> <p>Outdoor activity: The aim of this activity is to understand the 3th low of Newton. The participants (separated in teams) will construct a boat which will be moved under the 3th law of Newton. The teams will compare their constructions in a boat race in a river!</p> <p>Evening: Free</p> <p>Day 5: Friday</p> <p>Training: Health and Wellbeing</p> <p>Thinking mind and body feeling, mindful and stress management, the road map to wellness and happiness.</p> <p>Evening: Free</p> <p>Saturday - Departure</p>
Cost breakdown	<ul style="list-style-type: none"> ● Course = 400 € ● meals, accommodation and cultural visits upon request
If any other costs, please detail below:	

PACKAGES (for a group of 10 people or more)

TRAINING COURSE FEE: 80 euros / per participant / per day

- Tuition fee and training materials
- Certificate of attendance
- Welcome dinner
- Coffee Breaks
- Administration costs

HALF BOARDING FEE: 550 euros per participant

- Airport to Levidia transfer (two ways)
- Accommodation in a **single room** in 3 stars hotel (5 nights)
- Breakfast (5 days)
- Lunch (5 days) in selected restaurants to taste the variety of Greek cuisine

FULL BOARDING FEE: 670 euros per participant

- Airport to Levidia transfer (two ways)
- Accommodation in a **single room** in 3 stars hotel (5 nights)
- Breakfast (5 days)
- Lunch (5 days) in selected restaurants to taste the variety of Greek cuisine
- Dinner (5 days) in selected restaurants to taste the variety of Greek cuisine

CULTURAL VISIT TO DELPHI (transport and tickets): **35 euros per participant**

CULTURAL VISIT TO ANTIKYRA SEASIDE (transport): **25 euros per participant**

Recommended:

Full boarding plus cultural visits to delphi and Antikyra seaside: 720 euros per participant.